FOUNDATIONS

WORD OF LIFE

MESSAGE HIGHLIGHTS

Scripture: John 6:60-71

- Chewing on Jesus' words is easy, swallowing them is what is hard.
- What we ultimately trust is our true G/god.
- It's in our helplessness we find our hope in Jesus.

GET TALKING

What have you been spending your time and attention on lately?

DISCUSSION QUESTIONS

Read through John 6: 60-71. Share with each other what stands out as you read and discuss the questions that come to mind. Use the following questions where or when helpful. Do not feel you have to discuss each one. Allow the Holy Spirit to guide your conversation.

- 1. When has your faith been tested? What happened? How did you respond?
- 2. What does it mean to follow Jesus?
 - a. What was your motivation for seeking Jesus, or what brought you to Him?
 - b. What has kept you following Him?
 - c. What are reasons people walk away from faith in Jesus?
- 3. Jesus was telling those with Him the Truth and it was hard to swallow.
 - a. Who do you think was most offended; those who truly believed in who He is, those with unbelief (see who Jesus is, but don't want to follow), or those who think they believe, but don't accept Jesus as The Way? Why do you think so?
 - b. What makes Jesus so offensive not just then, but in our world today?
- 4. Read Matthew 7: 21-27 and Jeremiah 15:16. How do these scriptures relate to what we are learning in John and deepen your understanding?
- 5. Consider your own faith. Jesus' words are full of Spirit and life.
 - a. Does digesting them cause a transformation that others can observe through the way you live your life?
 - b. Do you have those in your life who you can be real with? Who will point you back to Jesus, talk with you and teach you about the Word of God?
 - c .Do you continue to keep parts of your life from Jesus, not fully surrendering your life to Him? Remember He knows your heart just as He knew the twelve disciples.



PRAYER

We want to be a community of faith that comes alongside each other to seek and find hope and life in Jesus. During your prayer time:

Give thanks to Jesus who is the Truth, the Way, and the Light and the work of the Holy Spirit in us.

- Confess what you are holding back and keeping you from fully surrendering to the Lord.
- Pray for faith that can withstand any circumstance or attack.
- Pray that you may live a life that clearly bears the fruit of an inward surrender and transformation.
- For the courage and wisdom to be a part of an authentic community who speaks truth with love and grace.