

# A HEALING IN FOUR SCENES

**FOUNDATIONS**  
HEALING WITH JESUS

## MESSAGE HIGHLIGHTS

**Scripture:** John 5:1-15

Scene 1 - The set up

Scene 2 - The healing (say yes to healing)

Scene 3 - The inquisition (say no to blinders)

Scene 4 - The follow up (place your faith in Jesus)

## GET TALKING

Share about a time when you experienced a long period of waiting. What made the waiting time so difficult? What brought you encouragement during the waiting?

## DISCUSSION QUESTIONS

1. Take some time to check in with each other. If you have set intentions from previous weeks, share the progress made or roadblocks encountered.

Read John 5:1-15.

2. The lame man did not approach Jesus, Jesus approached him. Of the many very sick people at the pool, why do you think Jesus took special interest in this particular man? How does that encourage you in your journey with Jesus?
3. When Jesus healed him, Jesus asked him to do three things (get up, take up your mat, walk). What do you think is important about each of these three commands?
4. The Jewish leaders took offense at the man carrying his mat on the Sabbath. Rick talked about how they were focused on the "letter of the law", rather than the "spirit of the law." Read Isaiah 58:13-14, Mark 2:27-28, and Hebrews 4:9-11 for some additional insight on Sabbath. What do these passages show you about God's design for Sabbath?
5. Read Jesus' invitation in Matthew 11:28-30 (note that this passage is immediately before a passage about Sabbath in 12:1-13). How can you respond to that invitation to experience a deeper Sabbath rest in your relationship with Jesus?
6. We often live with blinders to our own faults and wrong thinking, and we can even deceive ourselves. Read Luke 6:42 and Hebrews 4:12-16. How can we recognize and address our blind areas? How can this group lovingly hold each other accountable in this process?

## PRAYER

- Share about where you've seen God at work in your life, or someone close to you, recently. Praise God together and celebrate it.
- Share about where you would like to see God at work in your own life this week. Maybe you have been in a long time of waiting, or you are in need of healing in an area of your life. Pray that you would be obedient to what God is asking you to do while resting in His mercy and loving care of you.
- God is always at work. Pray that God would open your eyes to see how He desires to be at work in you and through you to those He brings into your life this week.