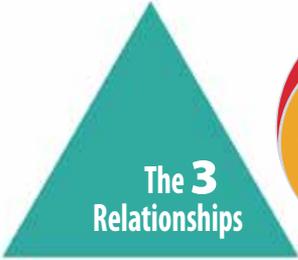
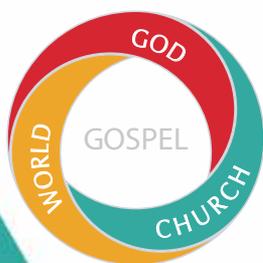


A decorative graphic consisting of several triangles in red, teal, and orange colors, arranged in a pattern that partially overlaps the title.

# CONVERSATION STARTERS

A teal-colored triangle pointing upwards, containing the text 'The 3 Relationships'.

The **3**  
Relationships



## USING THIS GUIDE:

- Get together with someone and have a conversation.
- Pray and ask God to work through your interactions.
- If you know the "Rhythm"\* you want to work on, ask the other person to read you those questions and have a conversation about them.
- If the other person has a "Rhythm"\* they are working on, then you ask them the questions from their box.
- Feel free to let the conversation go back and forth and see where it goes. Remember we get better, together.

*\*If you don't have a rhythm, choose one that interests you. Use only one rhythm per person per conversation.*

## GOD

### HEAR I am shaped by the Word and Spirit

1. What does your Bible study/reading look like? How often? How do you do it?
2. What do you do when you're confused or unsure about something in the Bible?
3. What would it take for you to make prayer a priority in your life?
4. How can you discern if you are "hearing" from God?
5. What environments help you hear from God?

### REST I purposely choose to release and receive

1. How can you rest in God and allow Him to refresh your soul?
2. Why do you think fasting can bring us closer to Jesus? (What does it take to make fasting successful?)
3. What are some ways you can intentionally slow down in a typical day?
4. What refreshes you?
5. What does "sabbath" mean to you? How can it become a regular part of your life?

### DELIGHT I treasure and enjoy God's presence

1. Do you look forward to spending focused time with God? If not, why?
2. Why do you think God wants us to praise Him, or express what we appreciate about Him?
3. What has God given you that you are thankful for? How does that impact your view of Him?
4. What keeps you from delighting in God?
5. How does time spent studying and memorizing God's Word impact your delight in Him?

### RESPOND I act on what God reveals

1. Do you share with others what God is doing in your life or teaching you? Why, or why not?
2. How have you seen the reality of a spiritual battle in your life? How do you handle it?
3. How is God getting your attention and teaching you? Are you avoiding or responding?
4. What role does God play in your decisions and actions? How do you think He could play a greater role?
5. How can you grow in your trust in God?

### OFFER I bring the best and worst of me to God

1. Why do you think God asks us to confess sin to Him? What benefit could it have?
2. Is your identity and self-image more influenced by God or society? How could you allow God greater influence?
3. Are you aware of your spiritual gifts and passions? How are you offering and utilizing them for God?
4. How have you seen God use your mistakes and pain to change you, or help others?
5. What area of your life seems to be difficult to offer to God, or invite Him to change?

# CHURCH

## OPEN I allow myself to be truly seen and known

1. Do you regularly ask others to pray for things happening in your life? Why, or why not?
2. Who is willing to speak bold truth into your life? How do you respond to them?
3. Where do you get stuck spiritually? Do you think you need more understanding, or is it an unwillingness to change?
4. What holds you back from sharing openly with others, especially when they might be struggling with something similar? How easy is it for you to lovingly confront others? What would make it easier?
5. Are you involved in a small group with other believers? How engaged and open are you in those meetings? How could you be more involved?

## ENGAGE I practice being present with others

1. What hinders you from asking good questions and listening well in your relationships?
2. What would your family and close friends say about their relationship with you? How can you be more engaged and present with them?
3. What do you feel your role is at church with other believers?
4. What has God been teaching you lately? How do you think He wants you to respond?
5. What does it mean to be "present" with other people? What steps can you take to grow in this area?

## INFLUENCE I build others up

1. Describe your small group experience. How do you intentionally allow others to influence you? How do you intentionally influence others?
2. How would you define gossip? Could anything you've said lately be considered gossip? How can you grow in your ability to speak positively about others?
3. How have you helped others grow spiritually? How can you be more intentional about this?

4. Are you involved "officially" in any ministries in the church? If not, why not? If so, how can you grow in serving well?
5. Name two or three people who need encouragement in your life right now. What are some ways to encourage them in the next seven days?

## HONOR I put aside myself for the sake of others

1. How do you respond to authority figures in your life? How can you demonstrate honor and encouragement to them in the next two weeks?
2. Who do you struggle to honor? Why? What do you think Jesus is calling you to do?
3. How open are you to constructive criticism/feedback? How might you be more open to it?
4. Why do you think God calls us to honor others, even if they don't deserve it?
5. How could you practice putting aside yourself, or your desires this next week? How might this be difficult for you?

## GENEROUS I give intentionally to further God's kingdom

1. Do you regularly set aside a specific amount of money to give to God through the church? How do you decide what to give?
2. Are you generous with your praise, compliments and encouragement? What keeps you from being more generous with your words?
3. How do you view your time? Would people say you are generous with it, or are you so busy that you don't have any margin?
4. Do you intentionally create margin with your time and money so you can devote more to God's work? What keeps you from living below your means for the sake of offering more to kingdom work?
5. In what ways are you generous with your talents, gifts, and experiences to bring glory to God?

# WORLD

## ANTICIPATE I join what God is already doing

1. How often do you pray for God to show you how He's working, and how you can join Him?
2. Do you read/watch resources (email, blogs, newsletters, etc.) that regularly inform you of what God is doing around the world?
3. What friends outside of church are you investing in, and praying for their salvation? Have you seen movement toward your prayers being answered in any way?
4. If you weren't hindered by fear, your comfort zone, or busyness, what might God want to invite you to do?
5. What does it mean to partner with God? Which of God's promises motivate you to step forward in faith?

## FOR I see people as God sees them

1. How do you think you can change your mind-set about people you try to avoid, or who make you uncomfortable or annoyed?
2. How can you move toward more dependence on the Holy Spirit and less on your own actions to change hearts? How often are you praying for those in your circle?
3. What five people could you encourage this week in a specific way? Is it okay for me to check back with you and see how it went?
4. Would the people around you say you are "for" them, or do you have an agenda?
5. What ways can you show a neighbor, or co-worker, that you value them?

## INITIATE I cultivate relationships with people outside of faith

1. Tell me about 1-2 people who you could intentionally invest in. Can I ask you in a week or two about your efforts with them?
2. How often do you place yourself in situations to interact with non-believers, and those who are different from you? Give an example.

3. What is the number one hurdle that gets in your way from building relationships with non-believers? How can I help you overcome that?
4. In what ways do you use the resources God has given you to help others around you?
5. What can you do to increase your likelihood of connecting with people outside of faith?

## INVITE I draw others into a next step with Jesus

1. Do those in your circle know your faith story? If not, how can you share it? (even other believers should know it.)
2. When is the last time you invited someone to church? What was the result?
3. Would your non-believing friends say that relationship with Jesus is the most important thing in your life? If not, what would they say it is?
4. Using specific scriptures, can you show me my need for salvation and how to become a believer?
5. What hinders you from inviting both non-believers, and fellow believers, to take a next step spiritually?

## SERVE I take risks and step out in faith

1. Are you in a community of people that serve together? Tell me about that experience.
2. How often does the fear of being uncomfortable keep you from what God is calling you to do?
3. What would it look like to serve people more in your everyday life? Let's brainstorm some practical ways together.
4. Have you ever served God on a mission trip, or with a local agency? If not, why not? If so, tell me about it and how it impacted you.
5. How can you regularly adopt Jesus' attitude of serving others?



GRACE CHURCH  
[extendgrace.org](http://extendgrace.org)