

SOUNDTRACKS

SOUNDTRACK OF HOPE

GET TALKING

Share a time in your life when you were full of hope.

MESSAGE HIGHLIGHTS

- Hope in the place of grief
- Hope in the place of fear
- Hope in the place of doubt
- Hurt/Hype Continuum:
 - Hurt** (Life is so hard.) **Hype** (God's gonna take care of everything.)
 - Hope** (While we live in a broken world, it's not the end of the story.)

DIG IN

Are you in a season where you find it easier to be hopeful, or more difficult?

Read John 20:1-30

- If you are familiar with these verses, try to examine them as if it is the first time you have heard them. What do you notice? What is surprising about this story? What character do you relate to the most?
- We all land somewhere on the hurt/hype continuum. Would you say you are more on the "hurt" end, feeling that life always has you down, or more on the "hype" end, where you are positive, yet can be in denial? How does it affect the way you live your life?
- How does the resurrection hope affect your view of the trouble in this world? What are some barriers to experiencing the peace that He has promised us?
- Are you more likely to lose your hope in times of grief, fear, or doubt?
- Jesus asked 3 questions in these verses, "Why are you weeping? Whom are you seeking? Have you believed only because you have seen me?" How are these questions relevant to hope? If Jesus asked you these questions how would you answer? Mary responded with an honest heart and Jesus revealed Himself to her. Why do you think it is hard for us to be honest with God about our grief, fear, or doubt?
- What is one thing you could do in response to what we talked about?

BIG IDEA: Hope in Jesus and live in hope.

NEXT STEPS

Hope! Without it human beings are lost, so we put our hope in other people, our careers, our health, our money, or our success, and therefore hope can be fleeting. As followers of Jesus we have a different hope, a resurrection hope that transcends everything.

Prayer

Take some time as a group to pray that the truth and the power of the resurrection hope would transcend the circumstances of your lives and that you would walk in the peace that can only come from the Lord.